Get Ready for the Workshop

Data Analysis Workshop

Please **bring your laptop** and **install R and RStudio** in advance:

Step 1: Download **software R**
https://cran.uni-muenster.de/

Step 2: Download **R Studio**
Open Source Edition
https://posit.co/downloads

Get hands-on experience with your own data using a **MotionWatch**!

Pick-Up: starting from **28th October**

→ wear watch for **7-14 days**

Return: latest until **20th November**

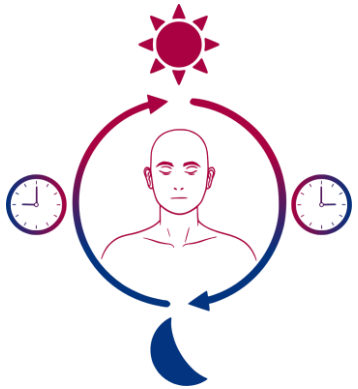
Location:
Institute of Anatomy
Gertrudenstraße 9
18057 Rostock

Make an **appointment** in advance:
ctnr@med.uni-rostock.de

Example datasets will be available on-site as well.

Programme

Time		Location
09:00 – 09:15	**Welcome**	Kleiner Hörsaal
09:15 – 10:00	**Lecture & Anatomical Preparation with focus on Circadian Rhythms** *Dr. Linda Frintrop & Prof. Markus Kipp*	Präparier Saal 3
10:15 – 11:15	**Clinical Aspects of Circadian Rhythms in general and in context with Anorexia Nervosa** *Dr. Alexander Dück & Dr. Linda Frintrop*	Kleiner Hörsaal
11:15 – 11:45	**Break**	Kleiner Hörsaal
11:45 – 14:00	**Data Analysis** *Dr. Christoph Berger*	Kleiner Hörsaal



We are pleased to invite you to our upcoming workshop focusing on **circadian rhythms**, their **clinical relevance**, and **practical data analysis**.

The workshop combines **scientific insights**, a **practical preparation course**, **clinical perspectives**, and **hands-on experience in data analysis**. It offers an opportunity to deepen your understanding of circadian rhythms and explore how to analyse relevant data.

Please register by email if you would like to attend.

We look forward to an engaging workshop and an inspiring exchange!

Dr. Christoph Berger
Dr. Alexander Dück
Dr. Linda Frintrop
Prof. Dr. Dr. Markus Kipp

Organizer

Dr. Christoph Berger
Department of Child and Adolescent Psychiatry and Neurology, DZKJ

Dr. Alexander Dück
Department of Child and Adolescent Psychiatry and Neurology, DZKJ

Dr. Linda Frintrop
Institute of Anatomy, CTNR

Prof. Dr. Dr. Markus Kipp
Institute of Anatomy, CTNR

Registration & Information

Hannah Muysers
Scientific Coordinator · CTNR
HealthTechMedicine Rostock – Neurosciences

Please register by sending an e-mail to:
ctnr@med.uni-rostock.de
Tel.: +49 381 494 882044

Workshop Circadian Rhythms

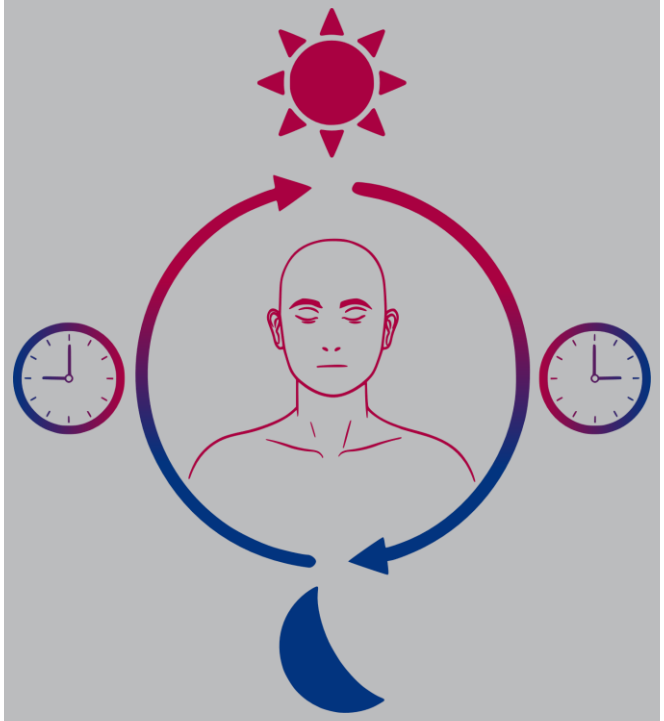
Institute of Anatomy
Gertrudenstr. 9 · 18057 Rostock



https://anatomie.med.uni-rostock.de/institut

Universitätsmedizin Rostock
rechtsfähige Teilkörperschaft der Universität Rostock

Centre for Transdisciplinary Neurosciences Rostock (CTNR)
Gertrudenstraße 9 · 18057 Rostock
Tel.: +49 381 494 882044
ctnr@med.uni-rostock.de
www.neurozentrum-rostock.de



created with biorender

Workshop Circadian Rhythms

Tuesday, 24th November 2026
Gertrudenstr. 9 · 18057 Rostock

www.med.uni-rostock.de